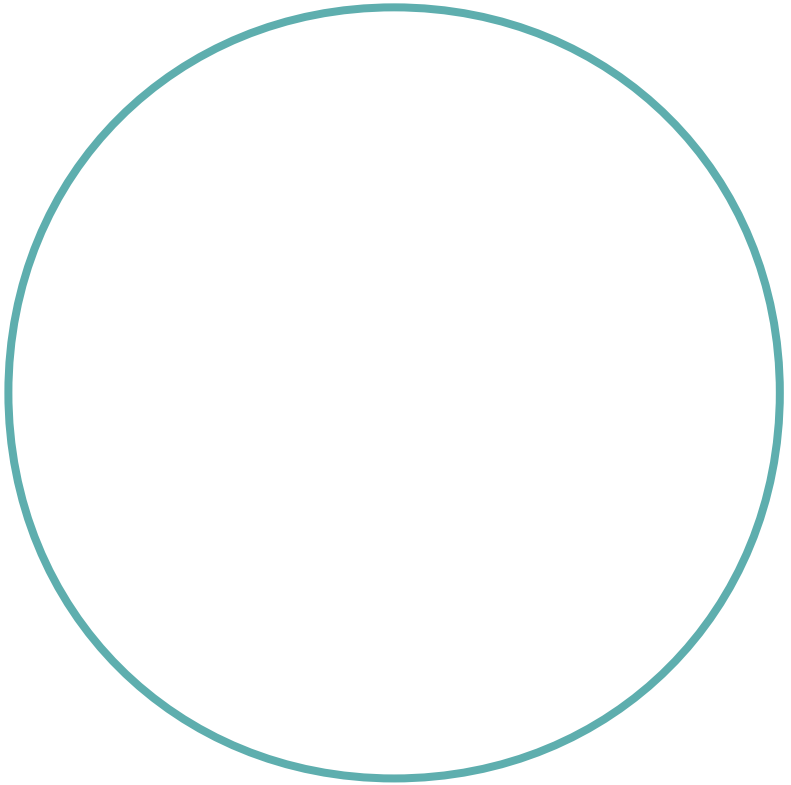
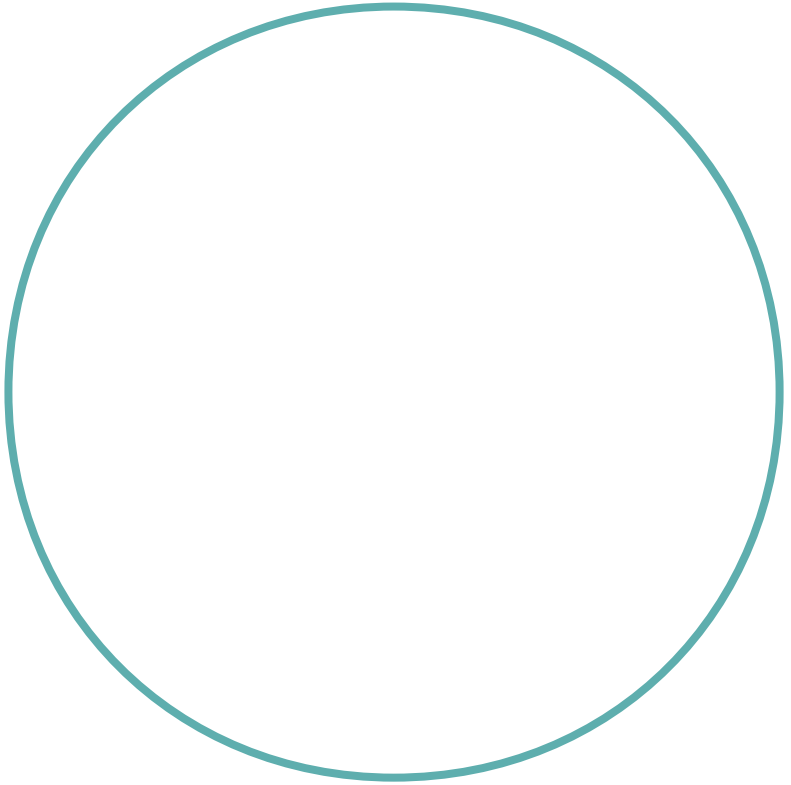
Energiebilanz



Woher nehme ich meine Energie, Kraft und gute Laune?



Wohin investiere ich sie?